

HOW TO PLAN AN OLD FASHIONED Picnic

FOR THE GRANDKIDS

Simple moments. Sweet memories. *Timeless traditions.*



1. PICK THE PERFECT SPOT



- Local park or playground
- By a lake, river, or pond
- Open field or backyard
- Shaded area with trees
- Safe and easy to reach

Tip: Go where there's room to play and explore!

2. PLAN SIMPLE & DELICIOUS FOOD

- Sandwiches (pb&j, turkey & cheese, egg salad)
- Fresh fruit (berries, grapes, apple slices)
- Veggies & dip
- Cheese and crackers
- Homemade cookies or brownies
- Lemonade or iced tea
- Plenty of water



Pack food in reusable containers and don't forget the napkins!

3. PACK THE ESSENTIALS

- Picnic basket or cooler
- Blanket or large tablecloth
- Plates, cups, napkins, and utensils
- Trash bags
- Hand wipes or sanitizer
- Sunscreen & bug spray
- First aid kit
- Extra clothes or towels
- A big smile!



4. FUN & GAMES FOR ALL AGES



- Frisbee
- Ball or soccer ball
- Bubbles
- Chalk for sidewalk fun
- Nature scavenger hunt
- Card or board games
- Story time or sing-along

The best picnics have laughter, not a schedule.

5. CREATE SWEET MEMORIES

- Take lots of photos
- Encourage kids to explore nature
- Let them help set up and clean up
- Share stories from your childhood
- Enjoy simple conversations



It's the little moments they'll remember most.

6. KEEP IT OLD FASHIONED

- Pack a real picnic basket
- Use cloth napkins
- Serve lemonade in a pitcher
- Bring a favorite family recipe
- Unplug and be present
- Enjoy the beauty around you



SIMPLE IS SWEET. TIME TOGETHER IS PRICELESS.

PICNIC PLANNING CHECKLIST

- | | |
|---|--|
| <input type="checkbox"/> Choose location | <input type="checkbox"/> Pack all essentials |
| <input type="checkbox"/> Check weather | <input type="checkbox"/> Activities & games |
| <input type="checkbox"/> Plan menu | <input type="checkbox"/> Camera or phone |
| <input type="checkbox"/> Make shopping list | <input type="checkbox"/> Blanket or chairs |
| <input type="checkbox"/> Prep food ahead | <input type="checkbox"/> Trash bags |

Most important: A thankful heart and time to enjoy!

REFLECTION

What do I hope my grandkids remember most about our time together?



A DAY OUTSIDE. A HEART FULL OF JOY. MEMORIES THAT LAST A LIFETIME.

"Behold, children are a heritage from the Lord, the fruit of the womb a reward."

PSALM 127:3

